

ISSUE 36 FREE

ip1zine.com

where are we now?

UNI TOWN / BEN GUMMER / FANTASY IPSWICH / PARK MORONS

BeMMAaD

Befriending and Mentoring
making a difference



Are you between 16 & 25?

Do you want to meet new people?

Do you want to do something positive?



BeMMAaD is a volunteering project which recruit willing young people aged 16-25 to help support other young people. We want to know all about your skills, interests and experiences to help you get involved in which ever way you choose.

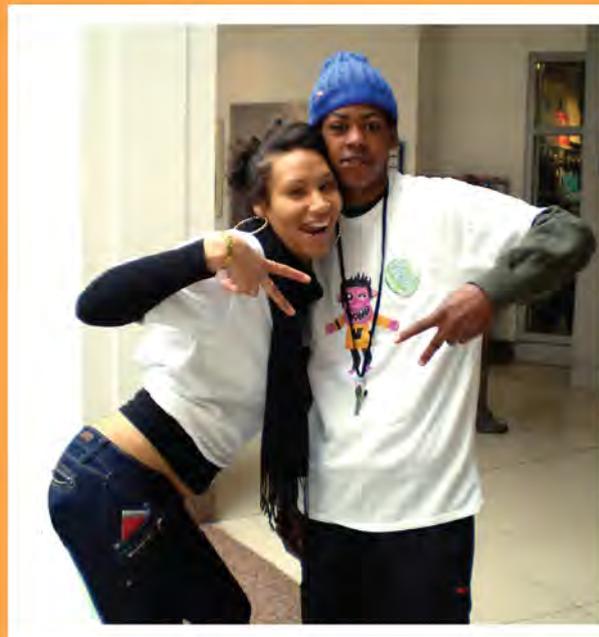
As well as being involved in existing projects, there is also opportunities to direct your own, be in charge and make a difference.

BeMMAaD offers lots of benefits for you too!

- Meet new people
- Gain experience
- Get official recognition & qualifications
- Learn new things
- Enhance your CV or UCAS application
- Have fun & feel good!

We are looking for fresh faces, new ideas, all skills and experiences.

Together we can make difference



If you have an idea or would like more information please contact the BeMMAaD team for an informal chat

Email - info@bemmad.co.uk
Tel - 01473 408062
Web - www.bemmad.co.uk
Facebook - BeMMAaD in Suffolk

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Welcome

Ipswich is a funny place right now. It seems caught between the old and the new. It knows there's a future waiting for it but it doesn't quite know what that future is. Its juncture is uncertain.

And, in our more philosophical moments, as we people-watch through café windows, we ponder – where exactly are we right now?

But all of that takes no more than 30 seconds. Because pondering is a bit boring after a while, and doing stuff is much more fun.

We do what we do, we go where we go, life goes on and the clocks don't stop.

Just as well, really, 'cos life would suck big time if all we did was sit around doing nothing all day long.

Bury bands would fail to kick butt, Lucie Ellen wouldn't bother making beautiful objects, and there would be no parties to go to over Xmas.

The industry would go out of music, prospective Olympians would hang up their sports shoes, and there would be even more morons in Christchurch Park stealing beer off people! But perhaps worst of all, we wouldn't bother to make *IP1* anymore.

Now that really would be bad. Badder than bad.

Howard Freeman, Editor

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December 2010

MY FREAKIEST FEAR

Whether it's a mild neurosis or a deep-seated psychological disturbance, it seems most of us have an inexplicable dread of the seemingly unthreatening. Here, six *IP1* writers share the bizarre fixations that keep them awake at night.

Fear Willy

My freakiest fear has to be the 'lovable' sea creatures that were immortalised in the epic picture, *Free Willy*: orca whales. I recall many a happy childhood afternoon spent watching the film, yet now the thought of viewing the monster on the big screen paralyses me with fear.

The phobia dates back to when I had a panic attack at a shark tank at the tender age of eight (I should point out that the enclosure was 18-foot deep and the largest shark looming in the depths was comparable to a seal with teething problems.) Orca whales are seemingly a very different species, lacking razor-sharp fangs and an insatiable thirst for blood. At least, at first glance.

To this day I'm unable to separate their beautiful, majestic stature from the hammer-like tail that trails behind them. Orcas eat sharks for breakfast, and therefore I believe that they truly live up to their alternative name: killer. **PM**

My Chemical Imbalance

I'm terrified of high ceilings.

When I was 16, I went to the O2 arena with my boyfriend to see my then favourite band, My Chemical Romance (Yes, I was one of those weird greebo kids you used to throw the contents of your lunchbox at in the playground.)

Halfway through the set I looked up and was confronted with my biggest fear: the highest ceiling I had ever seen. I hadn't told my boyfriend about this slightly embarrassing and illogical phobia, but luckily I saw the perfect opportunity to get out of the arena while also protecting my sanity: the mosh pit.

I 'accidentally' jumped into it and stumbled out saying "I think I might have concussion." I know it's bad to lie, but it saved me the embarrassment of running out screaming "THE CEILING'S TOO BLOODY HIGH!"

I've never been back to the O2 arena. **HB**



The Invisible Van

A while ago, I did something that would change my life. I tried...to cross the road.

Wow. That was unimpressive. It gets better though. See, this particular road-crossing would cause my strangest ever fear to manifest itself.

It started out fine. I couldn't detect any cars coming and I was about to stroll across the road like I'd done a million times before. Then a sudden thought struck me: what if there *are* cars? What if they're just...*invisible*? I hesitated, but quickly dismissed it. Even if there were invisible cars coming, I'd still hear them, right?

Unless they were also silent.

I was getting nervous now. I'd seen theoretical invisible cars once, in some documentary about Madonna's fencing career. What if somebody used their sciency brain-powers and actually made one? I'd literally never know what hit me.

Later, I finally managed to cross. But the thought stayed with me, and I've been nervous around seemingly empty roads ever since. **AP**



Horse Power

A fear of horses may seem freaky; their time amongst us spent largely running races, walking sideways at the behest of the privileged or corralling football hooligans.

But I would protest that to fear what is essentially a 100-stone stamping machine is entirely reasonable. Suppose, if you will, that Intelligent Design is not merely a crackpot theory devised to reassure those scared by life's brutal reality, but, in fact, a logical explanation.

Were some higher power to design a creature specifically and exclusively for the pulping of human heads like tomato under brick, sooner or later a horse would emerge. Terrifying size and weight? Check. Propensity to buck and lash out? Check. Long, uncontrollable legs containing the power to carry it faster than a Daewoo Matiz? Check. In place of toes, a mallet-like mass, fused solid at the end of the leg? Check.

Were I unfortunate enough to encounter one down the proverbial dark alley, my wallet, phone and iPod would be surrendered immediately. **SN**

Tupperware

Maybe it's the thought of old, rotting food growing mould because some moron left their lunch box in a locker for the entire summer. Or perhaps it's the feeling that no matter how much Fairy you use you're just never going to get rid of that lingering stale food smell. I'm the first person to say yes to a piece of chocolate-loaded, sugar-coated, full-fat cake. But hold on a second, is that Tupperware I see?

Suddenly that delectable slice of heaven doesn't look so appetising, and although my chocolate-clogged arteries may be thankful, my stomach is not. Bizarrely, in my mind even new Tupperware is tainted with the images of seven-week old cheddar sarnies and their family of fungi.

My nightmares aren't filled with deranged clowns trying to rip my face off with their giant killer hands, they're even worse: terrifying visions of people innocently munching away on a tuna pasta bake, straight from Tupperware. **JB**

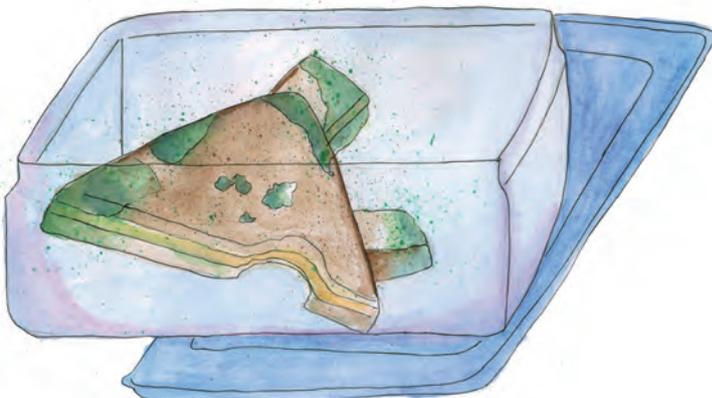
Coming Down on E

There's something about it. The whore of the alphabet. Seducing and creeping in with every verb and adjective. Every sentence I write throngs with them, hordes of beetles the length of a syllable.

When I tell people they just laugh at me. Irrational they call it. I ask them how rational it is to fear heights, to fear arachnids or the bomb. The things they fear they barely ever have to encounter; so childishly they yelp and scream, blissfully unaware of the lettering that leers from every signpost.

I dream of living somewhere else. Getting away from it all. Maybe Japan or Afghanistan. Somewhere the lettering is composed of loose lines, unplugged by the buzzing of that bastard sign.

But with their eyes endlessly peering, my escape can never become a reality. **JR**





FANTASY IPSWICH

Imagine Ipswich is a blank canvas. The shops and landscape are yours to play with, sculpt and change for the better. Our fantasy Ipswich goes a little like this – with so many empty spaces to choose from, we thought why not Photoshop our imaginations into them?





*Artist
cafe*



**ROOF
TOP
MUSIC**
24 7 DAYS A WEEK
HOURS



INDIE TOWN

People have long fought wars for independence, often from the despair and humiliation inflicted by slavish, oppressive masters. But no-one ever fights wars for more important things, like independent shops, pubs and venues. And they should. This issue *IP1* explores what non-chain businesses mean to a town, why they matter and what young people want up their street. Let battle commence...

How do you feel about independent shops, cafés, pubs and venues? What do they offer young people?

Mary: I only really think independent shops that offer something a bit different are any good. I'm not so keen on the ones that just give you what you can already get from chains.

Simon: Independent shops and cafés give a place a sense of identity.

Mary: They're important. Things can get a little lifeless and dull without any.

Simon: They also encourage more varied, and therefore better, stuff.

Tom: I'd like to agree. But actually most independent shops have to cater for the luxury market, so they are expensive and tend to be places I just browse rather than regularly buy from. Having said that, I'm not too impressed with the selection of chain stores in Ipswich.

Mary: There is no scope for rule-bending in a chain. Everywhere has policies.

Andy: I think town centres have gradually become very generic, so like Simon said it's important independent shops and pubs and the like sit

Mary: Yeah, I felt like that. I used to spend a lot of money in an independent clothes shop because I felt like I had to buy something every time I went in.

But are independent places important for youth culture, rather than just creating a bit of variety?

Mary: Yes, they are really important. But I'm not sure how much the masses really want them because they're always going out of business.

Simon: The Swan's, like, the hub of alternative youth culture in Ipswich. Its role in helping the Ipswich hip hop scene, as an example, is massive.

Mary: Yeah, but what do shops like a local clothes boutique do for the scene? It's different when it's a venue. I think we need independent venues more than shops.

Andy: Yeah, shops and stuff add a bit of a different mix, which is great, but venues and pubs can really create scenes by bringing in bands and artists etc.

Simon: Ok, it's not the same, but different parts of culture feed into each



beside Starbucks and Waterstones to add identity.

Simon: The best independent place I know is The Swan. It's easily the most interesting place in town. It's the only one with a commitment to music. Also it's not a chain – that can't be a coincidence, surely?

Tom: It was sad to see MyJuice disappear and be replaced by a milkshake chain. Seems no-one wanted to spend money on a smoothie, but they're happy to spend the same on ice cream and chocolate bars blended together.

Simon: That is essentially still a smoothie, but anyway...the big problem with independent places is they need to be 'supported', and you can feel almost pressured to go there out of moral obligation.

other – it's like an organism.

Mary: But unfortunately I'm not sure it translates to goods like clothes and homeware, unless they provide something you really can't get anywhere else.

Simon: If The Swan does more rap music, a shop selling rap hats will do better...

Mary: That's true, there is a knock-on effect.

Andy: Indie cafés would be good if they were open late and relaxed – possibly with music? There are some awesome ones in London.

Simon: Yeah, Turkish cafés are wicked. If we had a Turkish café open all night it would be excellent, but it probably wouldn't do great business.



“My fantasy Ipswich is for more informal places like café/bar/eateries all-in-one, where there is no pressure to drink. I get so bored of going out in the evening and thinking I must drink or I’ll simply die of boredom.”

What’s your fantasy Ipswich? What do people want to see more of in relation to what we’ve talked about?

Andy: Basically I think that on a larger scale if a medium-sized indie venue opened in Ipswich, a scene would develop that would attract and retain more young people. Being on that ‘band circuit’ brings you in the loop of youth culture. Then shops and pubs would spring up to supply their needs.

Tom: I think some more venues would be great, even if they are bars. Sometimes you want to go somewhere relaxed, and all you really have after 6pm is pubs. And after 11pm you don’t really have anywhere.

Mary: My fantasy Ipswich is for more informal places like café/bar/eateries all-in-one, where there is no pressure to drink. I get so bored of going out in the evening and thinking I must drink or I’ll simply die of boredom.

Tom: It would also be nice to encourage a culture that goes against the late night drinking. It’s not really nice to be walking through town at night with loads of drunken people around and police vans.

run by volunteers. I think if you told a member of the Dragon’s Den your venue only runs on volunteers they would probably spit at you.

Simon: Interesting clothes shops would be good. We don’t have many second-hand clothes shops. I don’t mean charity shops, but more vintage-like ones you see in Brighton and London and stuff.

Tom: Did you go to the Waterfront Market?

Andy: The Waterfront Market is nice, but it’s twee-cool rather than cool-cool.

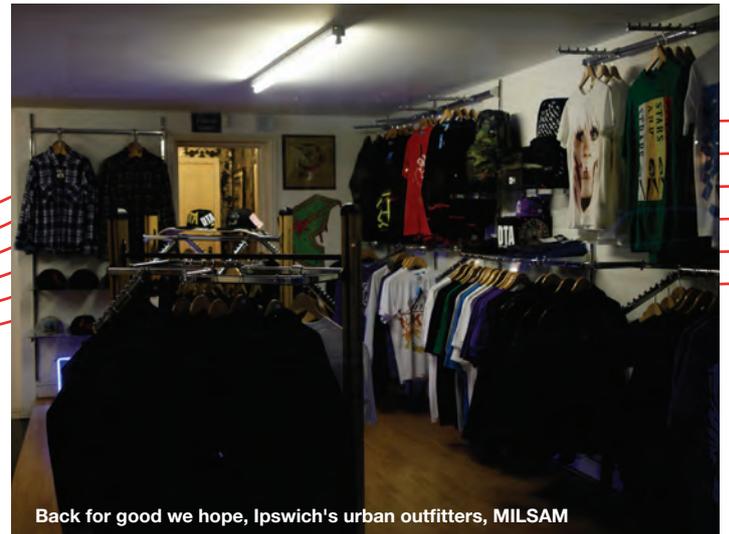
Mary: It’s funny, but in east Ipswich there is a huge community of local independent shops that all seem to be thriving. Maybe the town centre just can’t support them as well.

Simon: Perhaps the shops have to all be situated together to help business.

Andy: I think there are plenty of indie shops in the ‘swich, but not enough that facilitate youth culture. Indie boho cafés that do writer’s sessions, stand-up, music, poetry and the like can be culturally very important. Costa and Starbucks touch on these aspects but not as a staple.



Camden, Brighton? No, it's The Swan, Ipswich



Back for good we hope, Ipswich's urban outfitters, MILSAM

Simon: Yeah, but alternatives should be independent otherwise they will become big vacuums and not really be in touch with local needs.

What about more artsy places?

Mary: I think the indie cinema is great, but there is probably only going to be a small crowd of people who go as regulars. Most people only go to the cinema, like, once or twice a year, independent or not.

Andy: I’ve been to the indie cinema a couple of times. It’s good, but there’s not much of a scene about it yet, but hopefully that can grow.

Tom: I think the cinema is a good example of something everyone seems to like, but doesn’t seem to bring in enough business to be profitable. It’s

Mary: Yeah, and also it’s not as credible when it comes from a chain. There is no real ‘for the people, by the people’ element.

Tom: But is that because a chain realises that kind of thing takes too much effort for the profit?

Simon: Independent stores are often run by someone loving the essence and spirit of the place. They will go that extra mile.

Want your town to be an interesting, vibrant place? Then support local independent businesses and help the scene to grow. (The Editor)

SPACE INVADERS



How do you feel about transforming an empty local space into something amazing? Could an ex-Poundland become a cutting edge art gallery? Could an old charity shop become a new music venue or a bohemian craft studio? **Jessica Bell** explains what it takes to get your transformation started...

Ideas

First off you need to discover a niche in the market – what is your town in need of? Slack Space, an artistic initiative based in Colchester, witnessed their local retail industry suffering from a recession that caused more empty shop spaces than ever before.

They first used Facebook to circulate their artistic ideas and soon a group of supporters began to meet and discuss positive ways of using the empty spaces. They coupled together both what Colchester was lacking and their own personal passions and came up with an art gallery. One of the key ingredients to their continued success is motivation, so your project needs to reflect what you love, be it vintage clothing or a boho art café.

Teamwork

One must-have is an enthusiastic and motivated team dedicated to the project, whatever it might be. This will form an important collective decision-making base. Besides the core members, it's best to get a lot



The next vintage clothing store?

of people involved: the more the better, as this will simply expand your resources.

It's vital to have a range of skills within your team, from the creative to the curatorial. This diversity of skills can help make your project more manageable, with individual members each taking care of the graphics, internet or business side of things. As a central part of the project, you'll need to be flexible in your ideas and initiatives, as well as responsive to others. All the while, you must keep a realistic focus on potential ideas.

A second must-have is a limitless amount of energy and determination, from creating the aim of the project to overcoming any obstacles that are bound to arise. A key aspect is to secure professional support, to aid and guide you through the legal processes. Slack Space convinced stakeholders firstsite to act not only as their legal entity but also as mentors, offering support and advice and playing a key role in the project's success.

Legality

When it comes to the legal aspects, it's most beneficial to have support from a variety of organisations. Try and find funders, supporters and institutions that are especially interested in supporting upcoming local projects.

These organisations can help to manage and organise legal necessities such as leases and licenses for properties. With their help it's possible to rent properties and window space to get your enterprise off the ground. Once an empty space is acquired, your team will have to undertake the practical task of revamping it. If a premises has pre-existing shop fittings, often these can be recycled and reused for your purpose to save you valuable amounts of money.

An essential aspect of any property is that the health and safety requirements are up-to-date – this is where having a health and safety expert on board your team would be valuable to help draw up risk assessment plans.



... Or maybe a boho art café?

Promotion

Make effective use of local magazines, websites and other local media. These are sure to be highly useful for publicising your project in order to gain vast amounts of local interest and enthusiasm.

Despite the current economic downturn, locals are sure to support fresh projects aimed at injecting some vitality into a town, and their support will prove to be a useful tool. In time, you will no longer have to search for art to fill that gallery of yours. Instead, the interest will flood in from talented and passionate artists striving to get their work noticed.

Seize the power of social networks and blogs to get everyone talking about your project, whatever it is. And don't forget to get creative: plaster your town with posters, leaflets, flyers and just about anything that screams 'exciting new initiative NOW OPEN!'

iheartslackspace.blogspot.com

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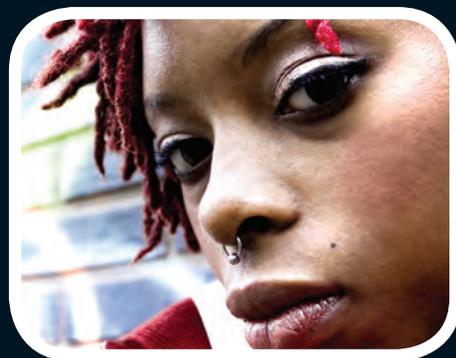
facebook.com/sadpandaclothing

Suffolk Young People's Drug & Alcohol Service

Call the helpline: 0808 800 0003

If you want to find out more about the effects of drugs and alcohol or need advice and support, contact The Matthew Project Under 18 Service. We have workers based in Ipswich, Lowestoft and Bury St Edmunds and provide outreach across Suffolk.

Contact us.
call: 01473 230299
text: 07624 818 402
email: U18suffolk@matthewproject.org



The Matthew Project: Supporting people with drug and alcohol related issues. Providing innovative education about the risks of drugs and alcohol. Empowering people to make more informed choices.



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Registered office: 24 Pottergate, Norwich, NR2 1DX
Registered in England – number: 6388343
Registered charity - number: 1122801

Suffolk One – The vision for education in Suffolk



Wow! What an amazing start to a new academic year and a fantastic new centre of learning in Suffolk. Suffolk One opened its doors on 6th September 2010 to students who wish to study A-levels in subjects ranging from Art to Archaeology and Food Technology to Design Technology as well as an extensive range of applied learning qualifications.

“The atmosphere at the college has been alive with all manner of different things going on such as ‘Music on the Bridge’.”

The atmosphere at the college has been alive with all manner of different things going on such as ‘Music on the Bridge’ where there is an open mic for students to showcase their talents to the rest of the students and staff whilst they have their lunch!

We have had students competing in a wide range of sporting activities with one of our students coming first in the local cross-country county trials. Students in our Construction area are attending a civil engineering competition to compete against other schools and colleges, which has been organised by the construction industry. Students in the Performing Arts area are busily preparing for the first ever Christmas performance, which promises to be an amazing culmination of talents from musicians, singers, actors/actresses and dancers. This is going to take place in the state-of-the-art theatre space with tiered seating, advanced lighting and sound system. The Engineering and Motor Vehicle area is all equipped with technical systems

demonstrating a wide range of different concepts to include pneumatics, hydraulics and wire looms. The motor vehicle centre has ‘rigs’ with working petrol and diesel engines and braking systems for students to understand how to carry out diagnostic testing using high-tech gear to troubleshoot problems. Students studying hair and beauty are enjoying working in a realistic work environment with top-class facilities that you would expect to see in any professional salon or beauty therapy establishment!

Whilst all this activity has been going on, we have been designing our curriculum for 2011-12 to ensure that our new students have a real choice of educational pathways. Each Faculty has developed an extensive range of Diplomas.

So what is an applied learning course? Well these courses are designed to give students an experience of learning in a slightly different way to the traditional A-level programmes. The fundamental difference being; there is no exam and assessment is mainly through coursework.

Students that follow applied learning routes at Level 2 or 3 study qualifications that are equal in value to GCSEs and A-levels respectively. The Level 3 courses we offer at Suffolk One all have UCAS points associated with them and give students the opportunity to study these qualifications as an alternative to A-level. What’s more, is that we have designed our curriculum to be really flexible so that students can create ‘packages’ of courses so that they can study an applied learning course alongside an A-level.

To enhance our programmes further we are currently working with businesses and universities who are recommending models, which we can teach on the applied learning courses to meet their requirements. Working with the universities will mean that students that achieve at a certain level could be guaranteed an interview, as the university is aware of the course design and structure of your qualification. This will enhance your job prospects and ultimately your future career.

If you are interested in finding out more about Suffolk One go to our website www.suffolkone.org and have a look at the range of different courses we are offering. Alternatively you can ring 01473 556620 to find out more about the courses we offer and to request a prospectus. We are hosting an Open Evening on 16th February 6.30pm – 9.00pm; please come along, have a look at the different courses on offer, take part in activities, and meet our staff.

Don’t delay, apply online. Closing date for applications is 1st March 2011.

We look forward to seeing you soon!

What, When, Where, How?

Sometimes it can seem like there is no end of information on education and training opportunities. But how do you know what's right for you? Leap can help you find the course or opportunity best suited to your skills and interests. What's more, Leap is all over Suffolk.

Let's face it, writing your CV, applying for jobs and finding out what education, training and work experience is available to you can be pretty daunting. Wouldn't it be great if there was somewhere that someone could actually advise you about all of this stuff? Somewhere people could help you enrol on an apprenticeship, put that CV together and brush up on those interview skills? All under one roof?

Awesomely, there is, and it's called Leap.

Leap has a co-ordinated approach to all education, skills and training opportunities in Suffolk. It's not an education or training provider, but it is the link to all the information from Suffolk's education providers. It offers a whole range of services and could be



the most important step you take towards finding the right course or the best job for you.

How does it work? Well, Leap offers information and advice through trained staff and special Nextstep advisors, who

can talk to you about the options you have and help you put together a plan of what to do next. Leap's service is open to everyone, no matter how old you are, what your background is or where you come from. And even better, it's totally free.

It sounds good, right – free, informed advice without all the usual legwork? So where can you find Leap? And what can you actually do there?

There are three main points of contact: Leap Centres, Leap Points and the Leap website.

There are 14 large Leap Centres situated across Suffolk. These are located on the high street, and they've got computers, interview rooms and dedicated, friendly staff. Here you'll find a ton of up-to-date information and resources, and some of the Centres run courses in-house, like basic numeracy, literacy and IT, as well as informal adult learning courses like floristry, art and even Indian cookery.

Leap Points are compact versions of the Centres, based mainly in libraries and children's centres. They're also full of all the most up-to-date information on local learning opportunities and they're stocked up with useful leaflets too.

The Leap website, www.leap.ac.uk, has access to over 5,000 courses, so if you fancy having a quick look at what's available before popping into a Leap Centre you can. The website also has lists of all the Leap Centres and Points and provides their contact details, so when

you're ready to visit all their details are at hand.

So what are you waiting for? Go to www.leap.ac.uk now to locate your nearest Leap Centre or Point, or email leap@ucs.ac.uk for more information.



Leap is a partnership made up of University Campus Suffolk (currently the lead partner), Suffolk County Council, West Suffolk College, The Community Forum, CSV Media, Jobcentre Plus and Suffolk Chamber of Commerce.



BEN GUMMER

In May 2010 Conservative candidate Ben Gummer was elected to serve as MP for Ipswich. This issue Ben met with a number of IP1 volunteers to discuss some of the issues affecting them and to answer questions on everything from tuition fees to what he wants from a good night out. How is he going to help young people get jobs? Where does he stand on volunteering projects like IP1? And does he edit his own Wikipedia page? Find out here...

IP1 (Simon): Ipswich is a town that has changed a lot over the last five years. Five years from now how do you think the town will have changed further?

Ben: It would be easy to express it in physical terms, saying more buildings and more refurbishment. What's most important to me is the young age group. These people are the ones adding economic life to the town. The problem is your lot leaving, and I'd like to be in the position where Ipswich is a place that attracts people to come here, and that people growing up here want to stay here. For people to think 'Yeah, I've got a future in Ipswich and it's a really happening and interesting place'. Because once you've got that, you start creating families, jobs, wealth, excitement, a vibrant cultural scene and all the things that matter to this town.

IP1 (Dru): I live on the outskirts of Ipswich and to drive and park in town costs £3.00. To catch the bus costs £3.60 for a return. People are encouraged to use public transport because of the environment



but it is more convenient and cheaper to take the car. What are your views on this?

Ben: In an ideal world we would subsidise buses more, but we are not living in an ideal world as money is tight. But recently Ipswich won a transport bid of £25m. What it won't do is lower the cost of public transport but what it will do is improve the experience. So you will have real-time data displays like they have in London and refurbished bus stations. It will make pedestrian access much better across

“People made an equation that going to university meant coming out with a job the other end. But it wasn't like that.”

the town centre. They will also sync the traffic lights in the town to make the congestion better. These are small scale improvements but they will make a difference. I would love to sit here and say bus fares will go down but there simply isn't the money to do it.

IP1 (Howard): This is a catch-22: The more people don't take the bus because fares are expensive, the more bus companies have to increase fares to turn a profit. That's why public transport needs to be subsidised.

IP1 (Dru): And what about the pensioners' bus pass? It's not means-tested. They can afford the bus way more than young people can.

Ben: It's unfair that young people who are studying or don't have jobs have to pay but others do get free travel because they were given it as an election gift. But we have to start from where we are. One of the ways to get people on buses is by getting newer buses, more bus information displays and better bus stops. Once you've got more people on the buses then the price will come down – but it's a long process.

IP1 (Howard): The answer is simple: The next time you're at the bus stop just ask the old lady next to you for 50p!

IP1 (Jess): How is the government going to deal with the growing amount of people who want to go to uni compared to the limited amount of places available?

IP1 (Andy): The issue isn't the number of places, but the number of people coming out of uni without a job.

IP1 (Leah): You can learn skills without going to uni, e.g. by doing work experience.

IP1 (Jess): But you feel like you have to have a degree as you are told you can only go so far in your career without one.

Ben: Think of the economics: you've got supply and demand like in a shop. University has been completely supply led, not demand led. This was because the government a while ago went, 'Right, we want 50% of young people to go to university', without thinking about what would happen at the end of it, what the graduates would do after their courses. People made an equation that going to university meant coming out with a job the other end. But it wasn't like that. So what we are going to try and do is turn the whole thing round – more closely align uni courses to the jobs that people want.

IP1 (Leah): There are 4,000 unemployed young people between 18-24 in Suffolk. What initiatives will you be supporting to try and help those young people into jobs or what new ones will you set up?



Ben: My view is that initiatives by governments don't generally work because government is pretty crap at trying to arrange anything on that kind of scale. We think it's much more important to create the right business environment. We are helping companies create hundreds of thousands of new apprenticeships and work placements, have reversed Labour's jobs tax and have reduced the rate of corporation tax; all of which is designed to try to get business moving again and take on more people.

IP1 (Howard): Some volunteering initiatives can be successful. Like IP1...

Ben: Not some but many. But as with everything, it's a question of money. So we must prioritise, and make sure it's going to the right places, ones that produce results.

IP1 (Alex): You seem pretty young for an MP – 32 according to Wikipedia. How do you get treated when you go to Parliament? Do you get a fair hearing or are you considered an impudent whippersnapper?



Ben: (Laughs) I think I am the only person in the world that doesn't edit their own Wikipedia page! When I started there was the usual banter from the other side telling me to go back to school, but for the first time there is now a wide variety of ages in Parliament.

connecting with 18-30 year-olds... But you're right – I didn't. Must do better next time!

IP1 (Howard): You should know about young people. You're 32, so you're pretty young. I think all politicians should know about young people.

“I like going out in Ipswich, but I like going out because I'm with my friends. What I don't like is that bars close at 11pm and that you can't find any places with good music”

IP1 (Andy): What do you think Ipswich offers young people in terms of nightlife and culture?

Ben: Um...I like going out in Ipswich, but I like going out because I'm with my friends. What I don't like is that bars close at 11pm and that you can't find any places with good music, where you can just talk and have a chilled time without having to go out and get wasted.

Ben: It's a weak thing to do to throw your hands up and say this is something I can't do... But it's obvious you guys are interested in political issues and I want to know how you would like to be part of the political process – that way it's much more genuine.

IP1 (Chris): We need a medium-to-large nightclub or venue to increase the cultural scene in Ipswich.

Ben: I completely agree, and I would like to try to help with this. There are quite a few empty venues in the town. This is something I could talk to the owners about – maybe they would let them out for band nights one or two times a week?

IP1 (Tim): Why did you not talk about young people in your election campaign?

Ben: I talk in schools about politics and try and get young people engaged, but there is a gap between the ages of 18-35. When you're 35 you at least get annoyed about the amount of tax you pay. I think politicians are not good at

We like a politician who isn't afraid to throw their hands up and admit to not being good at something. That's why we want to help Ben engage young people in politics. If you have a local issue that matters to you, and want to get your voice heard, email politics@ip1zine.com with your views. We'll be meeting with Ben on a regular basis to champion your ideas and visions for a greater Ipswich, in our bid to make this town more youth friendly. What's more, we'll hold the impudent whippersnapper to ransom if he fails to take your views seriously!

INDUSTRIOUS MUSIC

From Napster and MySpace to iTunes and Spotify, the music industry has experienced a dramatic evolution over the last decade, and anyone wanting to make a living in the business needs to adapt in order to survive. Focusing on local artists, labels, producers and distributors, **Josh Russell** explores how those populating the musical landscape are flourishing in this brave new world...

The Band

Part of a new wave of artists that actively engage with their own promotion, indie rockers Ideals are signed to record label Intruder, who insist on a '50-50' ethic with their artists. Whilst the industry at large is facing difficult times, Ideals are a band that gets involved.

"Basically we all pitch in," drummer Benjamin Ward remarks. "At our level everyone needs to give their best effort to ensure success."

Ideals have a refreshing outlook on the changing music industry. "Millions of people around the world can hear, share and comment on your music," Benjamin argues. "And in this respect it's never been better to be in a band."

He also believes that the internet now allows a far more intimate relationship between bands and their audience, with fans now able to comment on an artist's work, follow them on Twitter and participate in music-based social communities.

"The internet has made bands human," Benjamin says. "They aren't untouchable anymore; the fourth wall has been completely broken."

ip1zine.com/showoff/profile/441

The Label

Labels are the core of the music industry. They provide legal cover, hook artists up with distribution and act as intermediaries between their acts and the wider world. Most importantly,



Jason, Ian and Jen from Antigen Records

they're the people who take a chance on an unknown act, the ones who are prepared to take the financial risk of putting a fresh musician into the studio. "Even for successful labels I'd imagine that 19 out of 20 artists don't make money." Antigen Records' Jason Whittaker tells us.

Antigen are perhaps the archetype of the modern label. Seeing their sales of physical media dropping, they are adapting to the changing ways of the local industry.

"We've been putting out music for quite a few years now and it's pretty obvious that people are buying less in the way of singles and CDs," Jason explains. "For some of our artists, Henry Homesweet for example, the amount of downloads we've sold is literally ten times the amount of CD sales."

Whilst a few artists are still able to survive on the old model of selling CDs at gigs, Antigen are grappling with a young fan base who simply are not buying physical media anymore.

Whether it be Henry Homesweet's latest release or Earth Mother Fucker's fantastically titled I Fuck Therefore I Am – which comes complete with black bag and latex accessories – Antigen certainly aren't afraid to adopt fresh tactics to secure an audience for their artists.

ip1zine.com/showoff/profile/546

The Studio

Studios are a mainstay of the business. Most people are familiar with the role they play in creating a finished product and even in relatively small regions like Suffolk, local studios abound. However, for a budding music technician it may be worth considering new ways to approach the relationship between studio and artist.

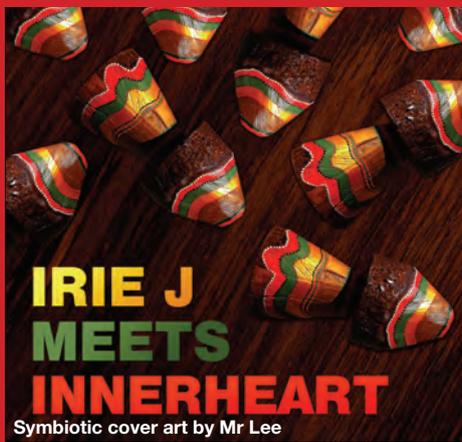
Punch Studios have abandoned the traditional model normally followed by studios. They work



Adam and Joe at Punch Studios

on a project-by-project basis rather than the hourly rate that can cripple the output of artists lacking deep pockets.

When approaching new contracts they also have a rather novel approach: instead of forcing their artists to fit to any kind of recording



template, Punch work with their clients to produce an end product that both parties are happy with.

“We can achieve a sound that other studios can’t manage,” the studio say. “We follow a more traditional approach than the now omnipresent ‘fix it in post-production’ model; we use hardware along with vintage mics to get the right sound before we even hit record.”

punchstudios.co.uk

The Product

In such competitive times, making a unique package – whether physical or digital – has never been more important. A creative finishing touch really can make all the difference.

The Antigen release *Once More With Feeling 7* by John Callaghan is a prime example of a product that offers far more than just a simple audio recording. Each release was handmade in New Zealand, lathe-cut into transparent plastic and finished with an individual woolen cover, hand-knitted by various members of the Antigen team.



Handmade with feeling – Antigen’s lathe-cut 7”

Jason Whittaker says Antigen’s main aims were to create something desirable and unique. “We wanted to create something that was a bit novel, something eye-catching,” he says. “We wanted to set it apart from the mass-produced media that most people consume on a day-to-day basis.”

Online sales might be gradually replacing

physical media, but with more MP3 players now incorporating full colour displays, cover art is still an important part of any digital release.

Ambiel Music’s Mr Lee thinks artwork and music share a symbiotic relationship. “Music has always had a visual element,” he suggests. “Once you add the visual patterns and shapes you can enhance that music’s identity.”

There are now arguably more opportunities than ever before for artists and illustrators, and Mr Lee believes this is down in part to the ease with which material can be viewed and shared.

“The tool is the technology. Spreading the word about what you do has never been easier, and this exposure brings more opportunities.”

ip1zine.com/showoff/profile/698
ambielmusic.com

The Live Venue

Live shows are one of the most important parts of the music world, allowing labels to partly recoup the costs of putting their artists into studios and spreading their faces across the internet. More importantly, a live show often gives members of the public their first real experience of what a band is capable of, potentially turning the most casual listener into a lifelong fan.

Setting the right tone for a live venue is getting harder all the time. Discerning audiences are now rarely happy with a simple pub basement sweatbox, and creating a great live venue is an art form in itself.

McGinty’s *Blue Room* is an example of how to create a decent intimate vibe that makes the audience feel like it’s part of the process.

myspace.com/pjmoginty

The Photographers & Filmmakers

Whether it’s Barnaby Kent’s portraiture of Ideals

or the more abstract concepts used for promotions and artwork, band photography is a huge part of the process.

Perhaps music videos were once the realm of big budgets and expensive studio effects, but these days with compact camcorders and Final Cut it’s easy to become a budding Michel Gondry without excessive cost. Tell It To The Marines’ video for their first single *Fireworks* features lush cinematography, demonstrating that a video doesn’t need gaudy special effects or a parade of dolled up models and extras, only a good concept and a little creativity.

ip1zine.com/showoff/profile/208
ip1zine.com/showoff/profile/611

The Social Networks

Social media has revolutionised the musical landscape, and for artists like chiptune maestro Pixelh8 it has provided the foundation for incredibly successful careers. “I would suggest Pixelh8 was born on MySpace,” he remarks.



Techno Anthropologist, Pixelh8

Using the site, Pixelh8 forged links with other artists and utilised it to secure not only scores of fans but also tours and international collaborations with other musicians. Perhaps most significantly, it was a MySpace competition that gave him the opportunity to open for Imogen Heap and further widen his fan base. “I use about 20 different social networking sites altogether,” he says. “You never know where you’ll find a fan.”

ip1zine.com/showoff/profile/7

Lucie Ellen

Lucie Ellen works out of her shed in her garden in Holbrook creating “lovely things to wear and use” from reclaimed wood and recycled broken vintage china. She cites her inspirations as “girls, the 1940s, birds, 50s design, tea cups and haberdashery,” and transforms things that would have been otherwise thrown away into pieces to be cherished for years to come. Returning to Suffolk after six years in London, she has been able to turn what was once a hobby into a full-time job.

lucie-ellen.com

etsy.com/shop/lucie0ellen



Tito The Owl Necklace

Made from reclaimed wood and an image found in a 1940s magazine that had seen better days, Tito is available as a brooch and a necklace. He is one of the most popular Lucie Ellen pieces - who can resist those eyes?



Homemaker Chair Recycled China Brooch

The piece that started it all! The breaking of a much loved plate brought about the idea of making brooches from damaged china. It is 1950s design at its very best. And to think it was first sold in Woolworths...



Orange Autumn Leaves Recycled China Brooch

This is one of my best loved pieces. Cutting so intricately can often lead to disasters (and tantrums), but this one worked perfectly from start to finish. Definitely a one-off piece, but there are always plenty more to be made!



Bunting Necklace
A fairly recent addition to the Lucie Ellen range, the Bunting Necklace has been regularly featured in the Etsy Blog and is my best seller to date. Available in lots of different colours, it will work with any outfit, whatever your look.



Gold and Purple Collar Necklace
The first in what will hopefully be a long line of new larger statement pieces. I've been wearing this one almost every day, it makes any outfit pop!

Sewing Collection Necklace
My love of vintage sewing ephemera knows no bounds with this piece! Featuring a sewing machine, sewing scissors and stitching diagram, this is a must have piece for any girl with a love of dress patterns and Singer machines.



Beryl Coaster
My range of coasters cut from damaged vintage china focuses on the often overlooked makers' marks found on the underside of plates. This particular one was taken from a Wood's Ware "Beryl" plate, a favourite of village halls around the country.



GOAL SCORER



Intro

Juggling school, a social life and extra-curricular activities can be tough. As London 2012 creeps closer, *IP1* wonders how young athletes manage to squeeze hours of training into already busy schedules. **Yoji Munuo** meets prospective Olympian and Ipswich footballing sensation Joyce Mlambo and asks: What are the driving forces pushing her towards her ultimate goal of competing in the Games? And what sacrifices must she make if she is to score her dream ticket to one of the greatest shows on Earth?

Joyce's story

Roots and inspiration

Joyce is 15 and in her last year of high school. She plays up to 12 hours of sport a week. In 2016 she hopes to compete as a striker in the Olympics playing football. She strides towards me, strong and feminine with a bright smile.

I kick things off by asking Joyce how her involvement in football began. It turns out growing up in Zimbabwe was all about sport. The culture embraced it and encouraged young people to participate. Joyce has more linear sporting roots as well. "I have memories of my father playing football in the African Cup of Nations and in the Zimbabwe national team for cricket and squash," Joyce tells me. When I

Straight after school, Joyce attends practice or matches. When she gets home she eats, then rushes to attend further sports clubs.

"Sometimes I don't get home till 11pm on weekdays and then I'm too exhausted to do anything," she says. This sounds like it leaves little time to complete school assignments, and unfortunately Joyce confirms her grades have been affected. She is keen to apply to universities in the United States that offer scholarships. If accepted, this would mean a balance of training and studying would be timetabled to suit her.

I ask Joyce about the risks involved in playing football. She recollects a match when her friend,

connections and receive information about conferences that explain the application process for the Olympics."

According to Joyce, girls don't get enough encouragement to play sports. Especially football. "Most people don't realise how competitive and serious the industry is for female players," she claims. Joyce thinks that if more people came to watch they would see that.

As an athlete, Joyce has to follow special dietary requirements. This involves carb-loading – eating a lot of carbohydrates like pasta to provide lots of natural energy to keep

“Joyce’s determination demonstrates that young people are capable of setting themselves high goals and committing themselves to achieving them”

inquire about what motivates her, she replies, "It would have to be the stories that my dad told me about the places he visited in his sporting career."

Joyce is also inspired by British athlete Jessica Ennis, and her determination to succeed. "She is a strong representative of women in sports and I can relate to her because she made sacrifices around my age too," she explains.

Dedication and sacrifice

On the down side, Joyce informs me that there isn't much time for socialising in her busy schedule. However, she adds, "In some ways it makes me appreciate my friends more as I always look forward to seeing them and have a great time when I do. Many of my best friends play sports with me in team games; we have fun and meet new people."

also a striker, broke her leg in a game and was unable to continue playing. "Things like that show how easy it is to get hurt. It's not always from tackles but from not warming up properly or a lack of fitness," she tells me.

The only other time she has been anxious about playing sport was during harsh weather conditions. "Once we had to play on a frozen pitch in our spikes," she reveals. "It felt as though we were in high heels and we slipped all over the place. To our surprise the game was not cancelled because we had travelled far. It was very challenging."

Advice and application

For those aspiring to take part in the Olympics, Joyce has some advice: "Try out for a local team, followed by a county team. Scouts are likely to attend and it is common to gain

up stamina and play consistently. In order to keep fit and healthy she must also try to eat more nutrients and avoid junk food.

Regardless of the sacrifices, Joyce still maintains that she is "most happy and free" when playing sports. "I would love to say that I have a gold medal and I know that it would be a lot of work but it definitely seems worth it," she admits.

Joyce's determination demonstrates that young people are capable of setting themselves high goals and committing themselves to achieving them. Successful or not there are lots of young athletes training to compete in the Olympics, and their hard work should be acknowledged. I wish Joyce all the best in her journey.

UNI TOWN

For many years the concept of ‘going to uni’ has meant leaving the sedate pace of Ipswich and moving away to the excitement of a sprawling metropolis somewhere. But since the creation of University Campus Suffolk in 2007 the town has seen an influx of students moving here for further education. **Simon Newton** heads down to the campus to find out if Ipswich can now provide students from near and far with the opportunities and facilities of more established university destinations.

A couple sits in the window of Theta café in the Waterfront Building, sketching the vista looking out to the marina. I can’t blame them. Amongst hundreds of masts, the regenerated Waterfront with partially constructed buildings of glass and concrete tower above. The DanceEast building and the bars and restaurants add to a landscape almost unrecognisable to how it was only a few years ago. Half of the room is an art gallery exhibiting UCS students and the sparse décor of concrete and walls, painted blocks of white or red, enhance the art gallery ambiance. It is quiet in the building today, regardless though there is a real feel of change about the place. Almost to my surprise, this feels very much like a dynamic and exciting place of learning.

The café itself has only 20 people in it now, in part down to it being Reading Week, though mostly due to the crack-of-dawn time of 11.30am. I’ve obviously been out of education for too long. A few tutors with thick-rimmed spectacles grab coffees, but where are the students?

Rob Lister, Admissions Officer at UCS, assures me they are here, and in greater numbers than ever before. “Our recent applications have been very positive, particularly the last two years,” he says. “They are coming from all over the country, and abroad. We’ve had students join from Lithuania, Latvia, Italy... The health

care subjects are definitely most popular, like nursing and radiology.” He directs me in my search towards the Athena halls of residence, five minutes further up the docks.

“The first year I was here I thought Ipswich was quite a rough place, but now I see it as a peaceful, friendly sort of place.”

The Athena halls, housing 600 students, is next to the impressive new James Hehir teaching building which opens in the new year and contains six floors of teaching facilities and, importantly, the new Students’ Union bar, Kai. Both are in keeping with the feel of the campus: large modern structures with the requisite expanses of glass. They sit comfortably alongside the private housing developments nearby. The halls are nicely presented and equipped inside with sociable four to six room ‘cluster flats’ and a common area. Again, I am almost surprised how appealing this would be to any new arrival.

It is here I see the first signs of student life. I collar a couple of lads on their way out; George, who has come from Penzance to study photography, and Alex who has made the even more impressive journey over from

Greece. Both are eager to tell me how happy they are with the university, that the facilities on offer and the standard of tutoring are both excellent.

So what is Ipswich like as a student destination? “I was slightly worried before I came as England has a reputation for problems with street crime, but I’ve not seen any,” Alex tells me. The consensus on the nightlife, though, is ‘could do better’. The Swan gets a predictable nod of approval and The Plough is rated as decent for food. But the clubs get the thumbs down. “The music’s shit,” says George. “Too much cheese. I like hip hop, drum and bass, dubstep... If there were some nights on like that it would be so much better.”

Walking further round to Duke Street there are some more student essentials: Tesco Express, a fish and chip shop and a pizza place doing lunch for a fiver. Here I speak to Alex Hartley, who is from South Woodford in east London and is in his first year of his Games Design degree. I ask him if he misses the bright lights of the city. “I haven’t had a chance to explore properly but the town centre seems nice,” he says. “There’s like one club though and it’s terrible.”

The draw for Alex was not nightlife though, but the academic side of things. “The course is pretty good, getting quite intense now,” he tells



George



Kelly



Alex



Dom

me. Graphic Design student Louis from Essex agrees. “The town does have a feel of being a bit isolated and lacking in nightlife,” he says. “I have been out in Norwich since I’ve been here which is better, but then that is a city.”

Back at the Waterfront building I intrude on Dom and Kelly, both from Portsmouth, sitting having a coffee outside the café. Being in their third years they have seen Ipswich’s evolution into a student town. Dom stresses how much change he has witnessed. “I’m enjoying Ipswich life more than any other year,” he claims. “It has got better, there’s a lot more people around than there used to be. It was quite cliquy in the first year. Now the Athena Halls has been built a lot more people from outside Ipswich have moved in.

“If you give it a bit of time in a year or two it will have changed. With the new student bar you will see things change rapidly.”

Kelly agrees that there is still room for Ipswich to grow in terms of nightlife. “In terms of how busy it is, Portsmouth is better,” she says. “Ipswich isn’t really a social town just yet. It’s a good place academically – you can get on with your studies as there aren’t a lot of distractions. The Student Union feels a bit like a rugby club to be honest.”

I ask Dom if crime, a recurring issue for many students, has affected him at all. “Not really,” he replies. “The first year I was here I thought Ipswich was quite a rough place, but now I see it as a peaceful, friendly sort of place. In the

first year there was a bit of crime, a few drug dealers knocking about, and a few burglaries. Apart from that it’s been pretty good – it’s like anywhere else.”

Ipswich Waterfront is now a very different place to what it was. The uni is beginning to attract more students from further afield and in time this should influence change in many areas of town. If the rate of development is maintained we should start to see real variety in the town’s nightlife and general amenities to cater for an increasing student population. Of course, little is certain about the upcoming years as the real results of the cuts in public spending manifest themselves. But as things look now, Ipswich is developing into a town that can offer quality education and the lifestyle to go with it.



Alex H and Louis

THE MORONS OF CHRISTCHURCH PARK



...so I says, "Owner"? I just met her!"

Heh, but then, I actually did have to go see the owner of Kentwell Hall.

More like the boner of Kentwell Balls!

I know, right? How was I supposed to know the swords actually worked? Anyway, that's how my school got banned from-

Better give us that beer.

Unless you want your jaws broke.



OI PRICKS!



Yes bruv! Dey fick or somfin, innit.

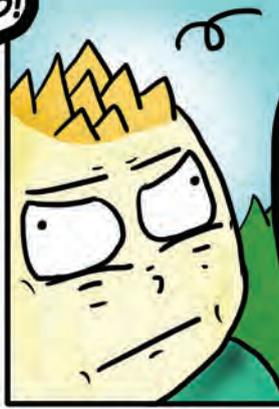
Yeah bruv. Sick one, bruv!



DICKHEADS!

Uh-oh.

Should we run?



Run? You find grating cheese exhausting. Let's just give them the beer. It doesn't matter.



You know what?
It does matter!

We paid for this beer,
damn it! I'm sick of
worthless thugs
intimidating people
just because they think
they can.



Well, no more, I say!
This is where we fight
back! This is where we
stand up against these
lowlifes and scream...

... YOU SHALL
NOT TAKE OUR
STUFF!

• • • A SHORT WHILE LATER... • • •



HA HA HA HA



So...



...Shall I get a
broom or
something?



TWEET

Shut up...
Just...
Shut up...

am*i*clear?

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CHLAMYDIA
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PROGRAMME



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Disclaimer: All information that you give us is confidential and we will not tell anyone else about your personal information. We do keep all your details on a secure database and we do have to provide reports on the number of young people that have been screened, but you would not be identified by name. All kits are delivered under plain packaging.

BUTT-KICKING BURY BANDS

In case you didn't know, Ipswich isn't the only music scene in Suffolk that's hot right now. A decade on from when Miss Black America firmly put Bury St Edmunds on the musical map, Bury bands continue to kick some major butt. Keen to keep us all up-to-date with these developments, **Joe Weaver** put his ear to the ground to report on some of the town's most melodious movers and shakers.



Protect The Target



Mallory Knox



Tell It To The Marines

Mallory Knox have rocketed to success over the last few months. Having had their EP, *Oceans*, recorded since February and poised for the right release date has definitely paid off. They are now signed to SGR Management, a company owned by Stu from Gallows, and have received endorsements from Rockstar energy drink and Sadpanda Clothing. They'll now be touring furiously as they continue to build their growing reputation.

ip1zine.com/showoff/profile/767

Tell It To The Marines (featured last issue) released their EP, *Bridges*, early this year on All Aboard Records. They're a band that's been doused with critical acclaim, leading to them signing a management deal with one of the UK's biggest independent groups, Sulaco Agency. They have just recorded and demoed some tracks with lead vocalist of the band Futures, Ant West, so expect to be hearing a lot from them over the next year as they develop their debut album.

ip1zine.com/showoff/profile/611

After a string of packed local gigs, Bury's kings of pop-punk, Protect The Target, have self-released their debut EP, *Closer*, and taken on a couple of tours up and down the country to promote it. They are currently writing new material for their follow-up EP, too, and will hopefully perform a new song or two at some of their promo shows.

ip1zine.com/showoff/profile/762

Vide Infra have been playing Bury for the last few years, building up a dedicated fanbase and breaking out to support big headliners such as TRC, Lower Than Atlantis and Dead by April. They have just recorded a couple of new tracks in the build up to their next EP release.

ip1zine.com/showoff/profile/765

We'd be foolish to leave out Ten City Nation, a band born from the ashes of Miss Black America. They're signed to R*E*P*E*A*T Records and are working on their third album. Their last album, *At the Still Point*, received a great deal of praise from music journos, with both *NME* and *Rock Sound* giving it 7/10.

ip1zine.com/showoff/profile/764

Last but not least, the final group worth a mention are Douche Crew, who exploded onto the scene in 2007 with their comedy-rap act. Formed from members of various other bands, they filmed a music video for their track *ATM* in Bury, Thetford and New York, and have gone down a storm over the last few months playing sell-out shows and sending frenzied crowds mental with each performance. In a good way. However, the show is now over for them for the time being as they lay this side project to rest to concentrate on their other bands full-time.

ip1zine.com/showoff/profile/763



Vide Infra



Ten City Nation



Douche Crew



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BIRTHDAY:

Christmas and New Year Party Guide

When it comes to going out over the holiday period, it can be tempting to fall into the first pub you see. If planning ahead is not your strong point, take note of our small but mighty guide to the best parties, gigs and nights happening this Christmas and New Year. No need to thank us, consider it an early Christmas present.

Dec 16 Gargoyle Apocalypse Promotions presents Xmas Carnage!!, The Beer House, Ipswich, FREE

Death and hardcore metal from Suffolk's finest exponents: Dark Era, Fight With Honour and Bliss Of The Outsider.

Dec 17 Basement with Light Bearer, McGinty's, Ipswich, £3

Ipswich and emo is like turkey and cranberry jelly. They're often served up together but are not to everyone's taste. If however you like nothing more than a good emo-fest, then check out this East Coast party.

80s Flashback, The Curve Bar, Ipswich, £5 before 11pm or £8 after

Take your parents or raid their wardrobes and leave them at home. The 80s revival is a good thing, right?

Dec 18 DJ Jon Kennedy (Xmas rummages through his festive sack!), The Swan, Ipswich, FREE

If Jon Kennedy can't make your rump shake, or at the very least your head nod, then you're possibly dead. This is an international DJ who is in hot demand right now; where else would you be lucky enough to find him DJing for FREE than at The Swan, Ipswich. Miss this and you really are a dimwit.

Dec 20 Teenage Dirtbags, PALS, Ipswich, FREE

If your mates are home from uni, this is the perfect celebratory night out. In true student spirit it's free entry and the playlist is indie, dubstep, rock and funky house.

Dec 21 Pubstep Xmas Spesh with Martin Kemp (Blunted Robots), The Swan, Ipswich, FREE

...There's a few others involved too, including Tom Kerridge, founder of RAMP Recordings (featured last issue) and "some boys from Woodbridge" who Pubstep organiser, Josh Smith (also featured last issue) has "known for ages and are doing really well for themselves." Think Ipswich lacks good nightlife? Think again.

Dec 22 Bald Monkey Promotions and Sucking Lemons Presents... Xmas Party, The LP, Bury St Edmunds, FREE

The amazing line up includes The Cads, These Ghosts and So Called Humans, so if you're in Bury and you want to party out with rock stars, then this is the place to be.

Dec 23 UPROCK Xmas Party, The Swan, Ipswich, FREE

Another quality party at The Swan and our second featuring Ipswich ill-breds The Cads, who've been getting about somewhat this year. Other special live guests plus the usual top drawer DJ sets. Christmas jumpers welcome.

Felixstowe Gets Vajazzled, Q Club at Mannings Amusements, Felixstowe, FREE for ladies

Probably the funniest night out you'll have in Suffolk this Christmas. The theme is strictly 'The Only Way Is Essex', so if you think life is better over the border, then get very well groomed and glamorised for a night of champers darrling.

Dec 24 Rapsploitation Sessions host Scare The Normals, Vision, Bury St. Edmunds, £3

Ipswich's numero uno hip hop promoters take their show up the A14, and with them Ill Inspired's band, Scare The Normals. Support comes from well respected Ipswich act, 3rdi, and The Wife Beaters (sick turntablist set with DJ Tags and DJ Juey).

Underline The Sky Xmas Eve Party, The Steamboat, Ipswich, £5

Limber up for the big day with some Californian sunshine style pop punk. When it's cold outside, you might as well be warm inside!

Dec 27 Purple Rain Christmas Casino Special! The Steamboat, Ipswich, £8

Posh frocks and bow ties only please. Just pretend it's Monte Carlo - without the price tag. Oh, and Prince - but a bit taller.

The Big Bass Theory 1st Birthday Bash, Bandbox, Felixstowe, £6 advance

Line up includes 'one of the most gifted and versatile MCs in the UK', Harry Shotta, and DJ A.M.C who was nominated for 'Best Newcomer DJ' at the Drum&Bass Arena Awards 2009.

Dec 30 Ideals new single and video release party, The Swan, Ipswich, FREE

A post-Christmas, pre-New Year extravaganza, with special guests, the brilliant These Ghosts, and the always wonderful Pistols And Vultures.

Dec 31 East Town Pirates New Year's Eve Special! The Steamboat, Ipswich, £10 including buffet and breakfast

Dress as a pirate and dance till the last man drops. Or is sick.

New Year's Eve Party, PALS, Ipswich, £5 before 11pm

It's gonna be glitzy and glamorous so for those of you who want to let your inner Dame Edna out, this is your chance!

House Parties and Pub Crawls, Everywhere, FREE

Happy New Year everybody. Have fun! xxx



Anti-Christmas

Some things at Christmas just ain't that Christmassy, like people who refuse to wear paper hats at dinner. While other things are just plain twisted, like having baked beans with your turkey roast! (Just ask our photographer, Laura. Or her nan.) So for a bit of fun, we thought we'd explore the darker side of Yuletide this year with our guide to the perfect anti-Christmas!

Spend all day watching some disturbing horror movies like *Black Christmas*, *Christmas Evil*, *Santa's Slay* or *Santa's Sadistic Sexy Helpers*. (One of these is not a real film.)

Drink pre-mulled, mulled wine.

When you hear the inevitable footfall of carol singers on Christmas Eve, pretend you're not at home by muting the TV and hiding behind the settee.

Aunt Mavis has a beard and she slobbers. Opt out of the perfunctory kiss goodbye with her by telling her you have herpes.

Spend Christmas in the Seychelles this year. You'll come home tanned and gorgeous while everyone else looks pale and ugly from all the wind and snow.

Give presents in the form of impersonal tat that you bought from a garage on your way over to your hosts.

Buy a new sofa for Christmas from a weekly payment store. (Spreading the cost of Christmas? Spreading lies, heartbreak and misery more like.)

Have cameras at the ready to capture the look of disappointment on the faces of your loved ones as they unwrap the gifts you got them.

Get beaten up the night before Christmas for saying "Merry Christmas, dude!" to some bloke in a pub before giving him a hug. People are so nice when they're drunk aren't they?

Take the stress out of cooking this year with a Christmas dinner flavoured Pot Noodle. Yummy!

Catch Santa having sex with your mum. What the hell are you going to say to dad?

SPRING 2011

7 January – 3 June



Saturday 29 January 7.30pm

Max: A Tribute by Patti Smith

An exclusive concert created for our weekend dedicated to great European writer, the late WG Sebald.

Tickets £20 – £30 Under 27s half price

Saturday 5 March 8pm

Faster Than Sound

A unique collaboration between Seb Rochford, Leo Abrahams and Leafcutter John, exploring 'Rhythm Of Strings'.

Tickets £10

Friday 18 – Saturday 19 March 7.30pm

Wayne McGregor | Random Dance

Wayne McGregor's anatomy defying choreography and ground-breaking approach have fuelled a string of truly unique works. *FAR* is no exception...

Tickets £8 – £20 Under 18s £2 off

For more information and tickets, please call 01728 687110, or visit www.aldeburgh.co.uk



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This issue we bring you more of the best new uploads from the ShowOff, featuring warped toys, awesome animated shorts and Ipswich's fresh prince getting a whole lot fresher. Got something creative to share? Visit our website now!

Featured ShowOff

Untitled

Bernadette Tin

A lot of photography gets uploaded to the ShowOff, so it's a special shot that stands out from the crowd. Bernadette has several such shots on her ShowOff, and this Audrey Tautou reminiscent moment of Parisian life is one of her best. Everything about it evokes old school chic, from the expired film to the subject's pearls and blouse, but what is most charming about it is that it's totally unstaged – a testament to the photographer's instinctive eye.

"I took this photo in the famous Ladurée bakery in Paris. I was using a Pentax ME Super with an expired 35mm film, the expired film made the whole roll very yellow but it turned out to be a nice effect. I was in awe of the room so I wanted to take a picture to try and capture the atmosphere. I didn't plan out the photo or ask her to pose, I just happened to be looking through my camera at the right time to take a photo and she was completely oblivious. The photo has such a shallow depth of field focusing on the eye but the background has so much going on and I personally love the couple on the right who trick you into thinking they are having an arm wrestle."

What do other ShowOffs say?

"This photo really transports you right to the scene. It's great! You are very talented." (Leah)



To see more of Bernadette's work please visit her ShowOff profile: ip1zine.com/showoff/profile/651



I Make Monsters (pictured - Jack)
Charlotte Perth

It's always refreshing to see an alternative artist, especially

when they conjure up what can only be described as demonic, nightmarish and warped cuddly toys!

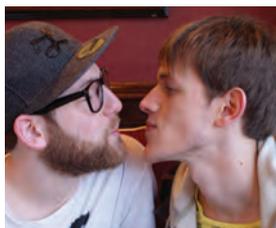
These curious characters resemble those off the Vauxhall car ads had they experienced a more troubled childhood, but we're in no doubt about who we'd rather have round for Sunday dinner. Her little monsters, each christened according to their unique attributes and characteristics, are designed and handcrafted personally by Charlotte, and evoke more appreciation and worth than any computer animated or mass-produced work ever could.

"Each monster is individual because I don't use patterns – just my imagination", says Charlotte, suggesting her imagination knows no bounds.

CF

What other ShowOffs say

"So cute, I love the little button eye." (Bernadette)
ip1zine.com/showoff/profile/670



Black Coffee and Bitches
Gay Keyring

Gay Keyring's latest and greatest upload spawned over 300 listens in

its first two weeks – as much a testament to the ever-rising local popularity of this band as it is to IP1's online platform (the song received just five plays in the same period on MySpace).

With mainstay MC nuances juxtaposing a rock beat and guitar hooks, this is the very best kind of faux American, alternative hip-hop. It's also pop-edged and epic, packing a killer chorus and a driving five-minute narrative.

As we've come to expect from GK, *Black Coffee and Bitches* is lyrically priceless, telling the story of a guy that *looked so shot / Tried to go cold turkey but it got hot...* Our protagonist eventually getting his comedown, and we our high point, with the song's haunting conclusion: *With Mary and coffee, I'm not alone.*

Not as fully developed as more established groups, yet. We're all ears for what's coming next. **CJ/HF**

What other ShowOffs say

"This is my favourite so far. Keep them coming!" (Tom)

ip1zine.com/showoff/media/3525



Play Thing
Victoria Lockwood

With a refreshing, contemporary sound, Victoria Lockwood is an

exciting and compelling artist who effortlessly creates a relaxed atmosphere. She has the ability to rival many professional singer-songwriters and lyrically her words are punchy and to the point. These playful lyrics help create brilliant tunes for those dull rainy days at home.

On *Play Thing*, Lockwood incorporates a slight jazzy influence, which provides the song with a nice upbeat rhythm. The vocals are kept soft throughout and the track is stripped back, with harmonising vocals echoed by simple guitar riffs that work beautifully. With the use of mellow beats and soothing lyrics, *Play Thing* is reflective of her other work, which also screams talent and fully deserves a listen.

Victoria Lockwood's music is fresh, soulful and perfect for chilling out on the sofa after a hard day's work. **SC**

What other ShowOffs say

"Beautiful voice. Lovely and relaxed, I could fall asleep to it. In a good way." (Holly)

ip1zine.com/showoff/media/2713



Big Shot
Timothy Leat and The Running

Timothy Leat and The Running offer a refreshing take on today's pop/rock genre, mixing sounds and generations.

Big Shot is undoubtedly one of their catchiest tunes with a mix of energetic 80s beats and bold composition. The song opens with a flanging synth to create an atmospheric and spacious backdrop to Tim's confident vocal. The tight combination of drums, bass and guitar brings a touch of the Stone Roses to the song, just one of the band's many musical influences that can be subtly heard throughout their recordings. The raw and insightful lyrics are reminiscent of their musical idols Hard-Fi, inspired by nine-to-five monotony. But it's the infectious melody that will have you singing along in seconds and will subsequently be playing in your head all day long.

IP1 had planned for Timothy Leat and The Running to be featured artists this issue but

sadly The Running have run off and left Timothy Leat going solo. Judging by this song, this is one relationship that really should've lasted. **JB**

What other ShowOffs say

"I really love your music." (Howard)

ip1zine.com/showoff/media/3203



10th Anniversary and Trivia Concepts
Sean Scannell

Sean has produced five animated shorts

for TCM (Turner Classic Movies) – four trivia based shorts as well as an ident celebrating ten years of TCM on our screens, all of which have been superbly designed to a professional standard.

By using a plain background for his animations, Sean has drawn more focus to the marketing content at the fore. The images have a bold stencil-like quality, the copy is concise and direct, and the simple movements that Sean programs into both brings life and humour to an otherwise mundane piece of marketing.

The *Trivia Concepts* are questions like you'd find on a pub quiz machine. You will have to brush up on your film trivia like I did – I'm not telling you the answers! **CF**

What other ShowOffs say

"I think this is a great ad." (Yoji)

ip1zine.com/showoff/media/3284



Game Time
Nee-Hi

Nee-Hi's latest music video, *Game Time*, is a clear indication of his progression

as a recording artist. Not only does the track display his abundant flair, Nee-Hi also performs alongside another credible artist, Robbo, combining to showcase slick elements of grime and hip-hop. Nee-Hi appears to have established an image worthy of his reputation as 'The Fresh Prince of Ipswich', and in this song he reflects on his mischievous childhood and how he is now *all grown up, striving for success*. Jacuzzi Films effectively capture the essence of the track, with glaring bright lights and cut transitions mirroring the fast-paced and star-gazing lifestyle Nee-Hi has perhaps immersed himself into. The video's superb

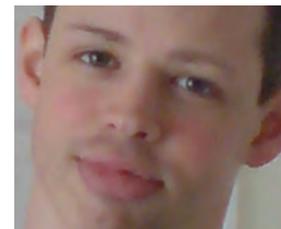
quality demonstrates Nee-Hi's drive and determination to succeed, and his intention to continue until the day comes when he's *signing on that piece of paper* to, presumably, launch his career into the stratosphere. **RS**

What other ShowOffs say

"Love this! Slick and stylish." (Marcell)

ip1zine.com/showoff/media/3271

"Gay Keyring's latest and greatest upload spawned over 300 listens in its first two weeks"



Mount Inkerman bellamy

Mount Inkerman is introduced by the author as "My idea of a soldier in the Crimean

War recounting conditions and feelings before he is sent to his death", and it succeeds in making you feel like you were there. A powerful and intricately detailed piece overcast with a nervous tension as the infantrymen "wait now for the bugle call" to send them into battle. The bugle call, through the use of well balanced repetition, becomes a central point for the piece, as the 'call-to-arms' and then as the last sound a dying soldier hears. bellamy employs a very descriptive style throughout that evokes a high level of imagery, adding another dimension to this piece. **LP**

What other ShowOffs say

"This is really great! I love it. x (Tinny Buffnell)

ip1zine.com/showoff/media/3031

Colour addict

Name: Indigo Brown
Age: 27
Favourite Food: Thai
Addict Since: He first saw a rainbow aged three.

Red and yellow and pink and green, purple and orange and blue... Indigo's not fussy. He's addicted to every single colour in the world

including poo brown and bogey green, and Pantone books make him salivate. **Josh Russell** talked to the colourful character about Van Gogh, lust and the shifting inflections of fire.



So...colour addiction?

My preferred term is colorophilia.

But in layperson's terms, 'colour addict' is how you would describe your condition?

Yes. It's an apt description. I am defined by my experience of colour. My pursuit of it dominates my experience. Its presence makes me high. Its absence makes me withdrawn.

Could you elaborate a little?

Do you remember the richness of the colours you experienced as a child? The vibrant coronas of coloured bulbs on the Christmas tree? The fluid that bled from leaky felt tips in an orchestra of shades. Do you recall how blue the skies of your youth were? Or how the luminescent white of the winter snows seemed to colour the slumbering buildings?

Not really. I grew up in Ealing. We only had two colours: concrete grey and pigeon shit taupe.

But I'm sure you at least understand the principle. A child's sense of colour defines their experience. It can be intoxicating. To a toddler the hue of an object alone can be enough to provoke stimulation or even excitement. Most of us lose this as we age, our sight dulled with experience and the passage of time. I am not similarly afflicted. I find I still get

the same buzz every time I see a leaf during the autumn or watch the shifting inflections of a fire.

What's your favourite colour?

A facile question and one that is beneath you. I find this very disappointing.

I'm sorry. I couldn't help myself.

It is okay. Self-control is the hardest habit to pick up.

Is this something you have always struggled with?

Struggled with? Of course not. An addict only struggles if he attempts to dominate or deny his addiction. I don't have the inclination to do either. But yes, this has been a part of me for the longest time. As a teenager, whilst all of my peers hoarded adult magazines beneath their mattresses, I collected fabric samples and paint charts. My peers were focused on furthering their knowledge of the female anatomy, whereas all I was interested in was widening my personal spectrum.

When did you begin to realize you had a problem?

I was at an art gallery. A Van Gogh exhibit. You are aware, of course, of the expressionist's bold use of colour? There was a particular landscape, a field of beautiful green beneath a swirling aquamarine sky. It looked so lovely. So complete.

Have you ever seen a soap that looks so perfect you almost want to take a bite? It was like that. The thick textured oil called to me and I couldn't resist leaning closer and closer to the canvas. I poked out my tongue, wanting just the tiniest lick, and leant in to taste the swaying grass...

Shit! What happened?

I have no idea. Apparently several security guards intervened. Judging by the gap in my memory I would hazard that they intervened quite hard.

Does your addiction ever lead you into any uncompromising positions?

Yes. On occasion. For example I am no longer welcome in any branch of Marks & Spencer following what my barrister described as 'an incident' involving some exotic fruit. It gives me no small amount of pride to think that there are a few M&S employees who will never be able to look at a dragon fruit again without wincing.

That was far more than I needed to hear.

Surely as a journalist you must have heard the maxim 'God is in the detail'?

I was raised secular. I like my details vague at best.

As you wish.

Your obsession with colour seems to border on the sexual. Can you explain why that is?

I have always found the seduction of colour to be almost overwhelming. Like lust, it can be all-consuming, provoking extreme reactions that cannot easily be justified after the event. Sexual ardour is just another form of desire; there is always an inevitable crossover between sex and obsession.

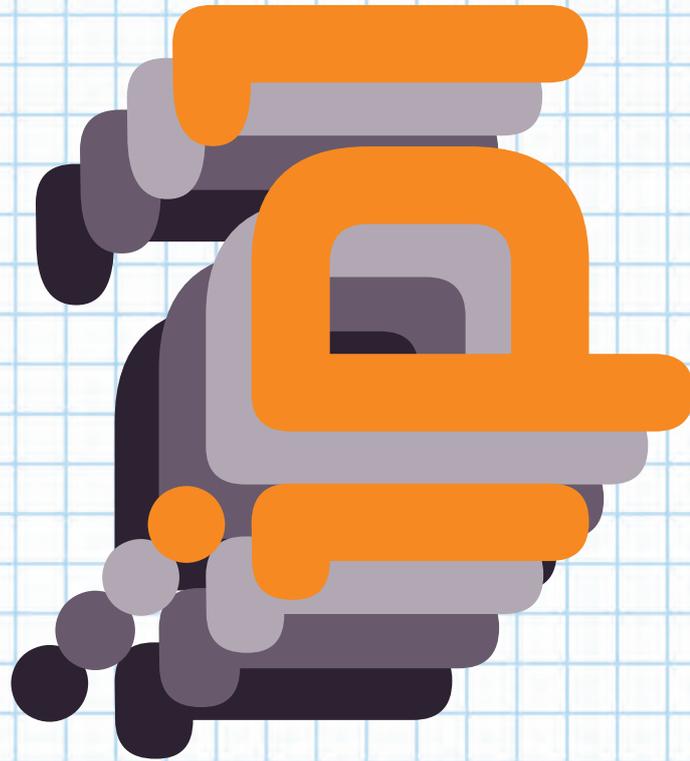
But surely an addiction is a chemical dependence? It doesn't apply to abstract human concepts.

People claim that they are addicted to shopping, or to sexual intercourse. Is this really any more rational than any other sensual experience? Addiction isn't born only out of a chemical indulgence. It is a desire to relive a positive experience, a craving to feel the pay-off of endorphins that the desired object provides. Whether it be television, tits or tones, we can find dependency anywhere.

Anything else you want to add?

Your irises are very appealing to me. I have a particular weakness for teal.

Just you keep your distance!



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...those start as the early ...
...of the industrial revolution
...they developed into modern societies
...One of the first men to see this was
French nobleman, Claude Saint-Simon
1776-1825. Saint-Simon's great contribu-
tion to socialist thought was his organiz-

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